



Mind Motivations **HYPNOSIS CONSULTANTS**

Welcome to

The Australian Academy of Hypnosis

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www.mindmotivations.com • Email: linearhealth@iinet.net.au

Learn Real Hypnosis-Hypnotherapy

(The therapeutic use of hypnosis has been deregulated from all Australian Health Acts)

For all Health Practitioners and those with a sincere interest...

**We offer easy to understand,
highly effective, hypnosis training with
ongoing monthly supervised practice & tutorials.**

**Begin a new and rewarding career as a Clinical Hypnotherapist
or enhance your current practitioner effectiveness.**

We guarantee
that we have the
most effective
hypnosis
training available
in Australia

If you want to learn... We will teach you!

We are WA's largest and most firmly established
hypnosis training organisation

For further enquiries or to enrol please call
John Vernes 08 9361 1564 or 0403 839 641



What **YOU** will learn from **US!**

The Australian Academy of Hypnosis™

MIND MOTIVATIONS
HYPNOSIS TRAINING

The Australian Academy of Hypnosis™ was established by Rick Collingwood in 1996 after he recognised that many of the Australian Hypnosis Training Institutions usually teach mostly hypnosis hybrids such as NLP, or adopt a significantly academic approach within their hypnosis curriculum, offering either none, or very little, practical training in actual trance inductions. The Australian Academy of Hypnosis™ has now trained more than 1000 students, and many of them have created very successful hypnotherapy practices both nationally and internationally.

We are WA's longest established hypnosis training academy.

Academia Alone A Good Hypnotist Does Not Make!

For this reason our training is formatted and taught to ensure that all students of The Academy become effective hypnotists. The training is comprised of both metaphorical Ericksonian styles and also Direct and Rapid Authoritative styles.

The initial training components encompass 2 days of history, theory, video viewings and hypnosis demonstrations, followed by 3 days of practical supervised induction practice with another 3 days approximately 3 months later. There is a one hundred and fifty question open book examination and five self-assessments to complete within one month of finishing the first five days of training. After the Certificate of Hypnosis training there are advanced trainings and regular optional monthly ongoing trainings available.

Our hypnosis training is second to none. So much so, the Academy guarantees that you will acquire a complete understanding of hypnosis coupled with the ability to confidently and correctly induce the trance state in others.

The total cost of the eight day Certificate of Hypnosis training is **\$2600** or **\$2400** including gst, if fees are paid in full upon registration. A deposit of **\$500** is required upon registration acceptance.

If you wish to take advantage of this unique opportunity to effectively learn these valuable and unique skills from Australia's foremost Hypnosis Trainers at Australia's foremost hypnosis academy, then please don't delay, as positions are limited.

Upon completion of the certificate of Hypnosis, all students are eligible for membership into The Professional Hypnotists of WA and other National associations.

The costs of the Advanced Certificate of Hypnosis for which completion of the Certificate of Hypnosis is required, are: 4 Day Power Hypnosis Practical W/Shop **\$1320** including GST, plus 12 ongoing monthly lectures **\$990** inc GST if prepaid or **\$120** 'pay as you go' **12 x \$120=\$1440** inc. GST.

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MIND MOTIVATIONS HYPNOSIS TRAINING

An Introduction From Your Hypnosis Trainers

Rick Collingwood

Hello, and thank you for your interest in our hypnosis training. I have been practising clinical hypnosis since early 1992 and I established The Queensland Hypnosis Academy in Brisbane in 1996. Then after National Training began in 2000 the more suitable title of The Australian Academy of Hypnosis was adopted.

I first came to Perth by invitation to conduct a hypnosis workshop in October 2001. At that time I was also requested to conduct an independent 'Hypnotic Regression' in Casurina Maximum Security Prison for Andrew Mallard, to assist proving his proclaimed innocence in the then up-coming appeal of his 1995 murder conviction. Since that time The Australian Academy of Hypnosis has become firmly established as the largest hypnosis training institution in Perth.

During my extensive hypnosis career I have had the pleasure of personally assisting tens of thousands of individuals, and also training more than 1000 academy students in the proficient and correct uses and methodologies of all types of hypnosis including Ericksonian: Therapeutic, and Authoritative Rapid Induction Styles.

John Vernes

John assisted Rick during every training course conducted by the academy since 2004. He is a professional hypnotherapist and hypnosis trainer and is the only official licensed trainer partnered with Mind Motivations and The Australian Academy of Hypnosis in Australia. Because of his extensive clinical experience, passion, and his natural talent for hypnosis you can be assured that you will learn all you need to know about hypnosis and how to use it. John has a Cert IV in workplace training and assessment; he is a member of the Council of Clinical hypnotherapists and the Professional Hypnotists of WA. Because of the Academy's expansion and Rick's international commitments, John now conducts the significant amount of trainings in Western Australia under licence from the Academy and Rick sometimes conducts special training occasions.

Every student who completes our training is fully skilled in all aspects of the conducts of hypnosis and trance induction. Many students use their new found skills in conjunction with other physical and mental health modalities, while others venture into private practice as a 'Clinical Hypnotherapist'.

John and I take great pride seeing students from the Academy gain an understanding of the human mind and how to access the deepest often un-accessible realms of consciousness; and then use those skills to transform their own lives and the lives of others often in quite remarkable ways.

We both have a commitment and passion for hypnosis and how we train it; our common ideal is to help every student learn as much as we can teach them so they can then become, by virtue of their own hypnosis skills, a proud testament to the academy.

We are so confident in our ability to train you, and in your ability to learn from us, that we give all students an unconditional guarantee that if by the end of your first five days of training you can't comfortably induce hypnosis in other people, ***then we will give you a full 100% refund of your entire training fees.***

All change begins in your mind; we look forward to our first meeting.

Kind Regards

Rick Collingwood and John Vernes.

Our Training Facilities

All Hypnosis training is conducted in comfortable professional training facilities at Technology Park Function Centre, Brodie Hall Drive, Bentley, WA.

Tuition times are from 9.30am – 4.30pm.

Morning break: 10.30am – 10.45am. Lunch: 12.00pm – 1.00pm.

Afternoon break: 2.30 – 2.45pm. Finish: 4.00pm.

About our Hypnosis Training

MIND MOTIVATIONS HYPNOSIS TRAINING

Certificate of Hypnosis

The Training includes:

All training manuals in hard copy and on computer disc, training videos, textbooks, and progressive assessments and examinations.

The Training Requires:

The attendance of eight days in house training over three weekends the first two weekends are consecutive and the third weekend is approximately 2 months later. Training times are from 9am until 4.30pm. The second and third weekends are Three Day practical components and include the preceding Friday. At the end of the first five days training, the self assessments and the examination may be completed and upon successful results the certificate and Transcript of Studies is issued.

You Require:

To be proficient at speaking reading and writing English.

To be of good character with no criminal convictions for dishonesty (a current Police Certificate must accompany your application, or be provided before your training commencement, application forms for the Police Certificate can be completed at any Australia Post branch).

To produce a current First Aid Certificate before an academy Certificate of Hypnosis is issued to you. (this gives students who do not currently hold a First Aid Certificate approx three months to attend first aid training).

There Are:

Five Self-assessments and a one hundred and fifty question open book final examination which must be completed and returned to the academy within 31 days of the completion of your initial training.

There Is:

1. Ongoing supervised monthly training.
2. Automatic eligibility to become a member of The Western Australian Hypnosis Association.
3. Eligibility to complete further Advanced Hypnosis Training with the academy.
4. The opportunity to learn about all of the mechanisms of hypnosis and the conscious and the subconscious minds, and how to use that knowledge to not only achieve your own greatest potential, but also to help others achieve theirs and overcome personal physical and mental health challenges.

Tuition Fees:

Non-Cert IV \$2600, or \$2400 if paid in full more than 10 days before the course commencement.



Hypnosis Training – What Are You Really Learning

Most people are not aware that there are many different styles and variations of hypnosis; so before you choose which academy you are going to study hypnosis with, you should also consider exactly what style of hypnosis that you want to learn and what you intend to use it for.

Some of the styles of hypnosis or hypnotherapy are:

Ericksonian Hypnosis: This is a therapeutic model of hypnosis created by the American Psychiatrist Milton Erickson. Ericksonian Hypnosis is most effectively utilised by a skilled and experienced Psycho Therapist. Ericksonian hypnosis is commonly used during therapy, but does not usually require or effect deep trance states. After a relaxed state has been achieved by the subject, direct suggestion is replaced by ambiguity and a lot of metaphor is often used during the therapy sessions; which will usually be about 15 to 20 in number.

NLP or Neuro Linguistic Programming: Regardless of what persistent slick marketing efforts may try to have you believe; NLP IS NOT HYPNOSIS. NLP is supposedly the study of excellence and it does have some interesting and no doubt effective strategies. NLP also offers a lot of insight into human behaviour and the mind. However, because an NLP training institute may offer NLP training under the guise of it being hypnosis that is frequently claimed by its proponents. This is amply demonstrated by the fact that after more than a decade of clinical trials and studies at respectable academic institutions; no evidence could be found to back up the many claims made about the power and effectiveness of NLP. If you are learning NLP, you are not learning genuine hypnosis.

Traditional Hypnosis: Traditional hypnosis is direct hypnosis. It is genuine hypnosis, the type of hypnosis that despite academic opinion can make some individuals do things that are against their moral patterning or usual personality. Traditional hypnosis can be blended with NLP and Ericksonian Hypnosis to create a very powerful therapeutically modality that we call “Hypnosis Field Therapy™”.

Our initial 8 day training will teach you the true history of hypnosis and its uses, all of the effective means of inducing the hypnotic trance state, including rapid and instant inductions and also how to correctly utilise hypnosis for therapeutic purposes. You will experience hypnosis demonstrations’ and partake in a significant amount of supervised hypnosis induction practice. After you have completed the 8 Day Certificate training you have ample opportunity to continue learning more advanced forms of hypnosis, or to attend regular monthly on-going training tutorials, or other specialty trainings offered throughout the year.

Australian Hypnosis Legislation

There are no legal restrictions on the practice of hypnosis for therapeutic purposes (hypnotherapy) in any States or Territories of Australia; excepting for South Australia, where as at the 1st of August 2009 the South Australian Parliament had not yet brought into law the recommended de regulation of hypnosis that has now been adopted by every other state and territory in Australia.

Some hypnosis training institutions may tell you that you need to have Govt Accredited training to practice as a clinical hypnotherapist, or to get 3rd party indemnity insurance. **This Is Simply Not True** as there are no legal requirements in any state in Australia in regards to what is or is not acceptable hypnosis training. Accredited Certificate IV and Accredited Diploma Hypnosis Training are very expensive to complete and require a lot of other “Non Hypnosis” units to complete such as OHS, First Aid etc; and because there are no official regulations as to training recognition it is not necessary to have Govt Accredited training to practice as a hypnotherapist.

The quality and delivery of accredited training is not necessarily any better and in many cases not as good as the training we will give you. However if you do want to study up to Cert IV and Accredited Diploma levels we can accommodate you with that as well.

The Australian Academy of Hypnosis trains genuine traditional hypnosis with a strong focus on practical (how to) training; teaching you how become a great and genuine hypnotist in the true sense of the word without having to mortgage your home.

The **South Australian** Government Review of Psychological Practices Act 1973 in terms of Competition Principles Draft Report of the Review Panel, dated October 1998, recommended that all references to hypnosis, principally Section 39, be deleted from the Act. It is believed that the practice of hypnosis will be de-regulated in South Australia by October 2009.

Proposed **Tasmanian** Legislation to replace the aging, Psychology Registration Act, will not have any restriction on Hypnosis as a therapeutic practice. Minister for Health Office November 1998.

The recent **Australian Health Minister’s Advisory Council (AHMAC)** decision on this issue is that the ‘regulation on Hypnosis, as an occupational group is not warranted at this time.’

The **Queensland** preferred position that existing controls within the Psychologists Act 1977 over the practice of Hypnosis be repealed as recommended in the Draft Policy Paper September 1996. In accordance with these recommendations the practice of hypnosis in Queensland was de-regulated in May 2002.

Western Australia: The control and regulation of hypnosis was removed from the new Western Australian Psychologists Act on the 5th December 2005.

The **NSW** decision was not to regulate Hypnosis; the debate appears in Hansard 6797, 19 April 1989.

The **Northern Territory** and **ACT** have never legislated to regulate hypnosis and have no intention to do so.

Victorian deregulation was legislated in 1998 when the Psychologists Registration Act 1967, relating to Hypnosis regulation, ceased to have effect from 1 January 1998.

Course Dates

Eight Day Certificate of Hypnosis Training

Saturday, Sunday, 13th, 14th - Friday, Saturday, Sunday 19th, 20th, 21st February & Friday, Saturday, Sunday, 28th, 29th, 30th of May 2010

Saturday, Sunday, 22nd, 23rd, - Friday, Saturday, Sunday 28th, 29th, 30th May 2010 & Friday, Saturday, Sunday, 20th, 21st, 22nd, of August 2010

Saturday, Sunday, 14th, 15th, - Friday, Saturday, Sunday, 20th, 21st, 22nd, of August 2010 & Friday, Saturday, Sunday, 26th, 27th, 28th of November 2010

Saturday, Sunday, 20th, 21st, - Friday, Saturday, Sunday, 26th, 27th, 28th of November 2010; Plus 3 days in February 2011 dates TBA.

Four Day Power Hypnosis Training

1st Component of "The Advanced Certificate of Hypnosis"

Saturday, Sunday, 12th, 13th & Saturday, Sunday, 19th, 20th, June 2010

Saturday, Sunday, 4th, 5th, & Saturday, Sunday, 11th, 12th of December 2010

12 Monthly On-Going Training Components

2nd Component of "The Advanced Certificate of Hypnosis"

Start Any Month

Lesson 1: Mind-Body Communication	Saturday, 30th of January, 2010
Lesson 2: Abreactions within Hypnosis	Saturday, 27th of February, 2010
Lesson 3: Hypnosis for Pain Management	Saturday, 27th of March, 2010
Lesson 4: Hypnotic Regression (Present and Past Life)	Saturday, 24th of April, 2010
Lesson 5: Script Writing and Trance Deepening	Saturday, 15th of May, 2010
Lesson 6: Magnetism and Energy Shifting	Saturday, 26th of June, 2010
Lesson 7: Hypnotic Transference	Saturday, 24th of July, 2010
Lesson 8: Hypnosis for Children	Saturday, 28th of August, 2010
Lesson 9: Conscious - Subconscious Interfacing	Saturday, 25th September, 2010
Lesson 10: Successful Induction and Subconscious Compliance	Saturday, 23rd of October, 2010
Lesson 11: Hypnosis for Addiction and Substance Abuse	Saturday, 13th of November, 2010
Lesson 12: Ethics and Operating a Clinical Practice	Saturday, 18th of December, 2010

Specialist Training Courses

One Day Weight Loss & One Day Quit Smoking Training

Saturday, Sunday, 17th, 18th, April 2010

Three Day AMD – Hypnosis for the treatment of Cancer and Disease

Friday, Saturday, Sunday, 16th, 17th, 18th of July 2010



Some Testimonials

...from previous students

MIND MOTIVATIONS
HYPNOSIS TRAINING

Excellent practical ethical and richly rewarding.

Malcolm Heckenberg – Counsellor

Very enjoyable, very professional manner of presentation and an easy to learn style that taught me a lot about myself and others.

Glyn Carr. Healer – Counsellor

Excellent course, very useful and experiential with sufficient information to achieve effective results. A valuable tool for any serious therapist.

Mary Rodwell – Counsellor

Excellent course. Great to know you could achieve such effective results in such a short time.

Jan Duckett – Healer, Counsellor

I'm really glad you came over to Perth, thank you so much for such an excellent course.

Richly rewarding.

Tanya Buktenica – Counsellor, Psychotherapist

I found this course to be invaluable. Information, techniques and the practical application of hypnosis were very well constructed, well explained and demonstrated. The self assessments were a bit daunting but very effective as a doubling up of our new knowledge. I would advise anyone who wishes to help people therapeutically to do this course. Thank you very much.

Patricia Barker – Counsellor

I was delighted with the presentation of the hypnotherapy course that John delivered, I had always been very skeptical about hypnotherapy being a healing modality. John is very lucid and comfortable about instructing and practicing hypnotherapy. He gave us plenty of actual practice time and by the end of the second day I was beginning to feel quite comfortable with putting someone into a trance. Thanks and good on you John. *D.F.*

I found the course to be concise and informative. Learning hypnosis from some of the best in the field is such a privilege. We got a lot of hands on practice and a great chance to learn from the experience of some great hypnotherapists. Thankyou.

Danielle -Acupuncturist

A scientific and spiritual journey offering clarity and peace of mind and also the ability to now give the same to others.

Kim Davis

Eight Day 'Certificate of Hypnosis' Training

What do you do if you wish to enrol? First, phone John Vernes.

Complete the application form and post it to: The Australian Academy of Hypnosis™, 68 Carnarvon Street, East Victoria Park, WA 6101. Payment can be made either by way of bank deposit or transfer or posting a cheque with your completed application form. A \$500 deposit is required to secure your place. If you would like the \$200 discount full payment must be made upon registration? Upon our receipt of your application an acceptance letter and a payment receipt will be mailed to you.

Account Details: ANZ Bank

Account Name: JOHN VERNES

BSB: 013011

Account No.: 757196519

Branch: Victoria Park East

*Please reference your name if you pay by bank transfer or bank deposit.

Email: linearhealth@iinet.net.au • www.mindmotivations.com



8 Day Certificate of Hypnosis Training Workshop

The Australian Academy of Hypnosis™

MIND MOTIVATIONS
HYPNOSIS TRAINING

Enrolment Application

Certificate of Hypnosis

All information remains private and confidential

Course Start Date: Age:

Full Name:

Postal Address:

Postcode:

Phone (H): (W): (M):

Current Profession? Email:

Any previous Hypnosis Experience? Yes No (If yes, please give brief details)

Why do you want to attend this training?

Any known Mental Illnesses? Yes No (If yes, please give brief details)

Declaration: I understand that upon completion of my hypnosis training I will have acquired skills which will enable me to induce the state of hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis™ in no way approves of or condones the use of hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment or deposit of: \$

Name: Signed: Date: / /

Complete this application form and post it to:
The Australian Academy of Hypnosis™, 68 Carnarvon Street, East Victoria Park WA 6101



4 Day Power Hypnosis Training Workshop

The Australian Academy of Hypnosis™

MIND MOTIVATIONS
HYPNOSIS TRAINING

Enrolment Application

1st (Practical) Component of Advanced Certificate of Hypnosis

All information remains private and confidential

Pre-requisite Cert. of Hypnosis

Course Start Date: Age:

Full Name:

Postal Address:

Postcode:

Phone (H): (W): (M):

Current Profession? Email:

Any previous Hypnosis Experience? Yes No (If yes, please give brief details)

Why do you want to attend this training?

Any known Mental Illnesses? Yes No (If yes, please give brief details)

Declaration: I understand that upon completion of my hypnosis training I will have acquired skills which will enable me to induce the state of hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves of or condones the use of hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment or deposit of: \$

Name: Signed: Date: / /

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12 on-going Monthly Training Components
Advanced Certificate of Hypnosis
The Australian Academy of Hypnosis™

MIND MOTIVATIONS
 HYPNOSIS TRAINING

Enrolment Application

2nd Component of
Advanced Certificate of Hypnosis

All information remains private and confidential

Pre-requisite Cert. of Hypnosis

Course Start Date: Age:

Full Name:

Postal Address:

Postcode:

Phone (H): (W): (M):

Current Profession? Email:

Any previous Hypnosis Experience? Yes No (If yes, please give brief details)

Why do you want to attend this training?

Any known Mental Illnesses? Yes No (If yes, please give brief details)

Declaration: I understand that upon completion of my hypnosis training I will have acquired skills which will enable me to induce the state of hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves of or condones the use of hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment or deposit of: \$

Name: Signed: Date: / /

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