

In this pack you will find:

- Introduction sheet
- Course summary/s (including Prices)
- Pre-requisites, Study stream options
- Legislation and Association Information
- Biographies of Trainers /Testimonials from previous Students and Contact Information including Venue Map
- This year's Training Dates
- Certificate of Hypnosis Application Form (9 Day – How to Hypnotise)
- Advanced Certificate of Hypnosis (12 monthly Ongoings) Component 2 Application Form
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INTRODUCTION

For hypnotherapy to be effective, hypnosis itself must be effective. This is the focus of The Australian Academy of Hypnosis.

Hello, and thank you for your interest in our hypnosis training at The Australian Academy of Hypnosis.

We teach HYPNOSIS, the kind that ensures therapeutic hypnotic commands work at a subconscious level.

Many disciplines are used for reprogramming, improvement and change, but none have the power and completeness of correctly induced Hypnosis.

We teach interested beginners and advanced therapists from all walks of life how to utilize this simple tool for effective therapy. We de-mystify the reality of Hypnotism, Mesmerism and Fascination for the purposes of therapy.

HOW TO HYPNOTISE - TO MAKE THERAPY WORK

(Hypnosis and Trance Induction in the context of Hypnotherapy).

All courses conducted by The Australian Academy of Hypnosis are thorough and most are 'hands on'. You **will learn** the practicalities of **REAL HYPNOSIS**. The academic content is in-depth, focussing on the historical development, various aspects and views, plus a step-by-step 'how to' correctly induce Hypnosis, Mesmerism and Fascinated trance states for therapeutic benefit.

All materials are supplied, assessments are open book and included are therapeutic instructions.

Approaches to therapy and sub-modalities (i.e., Hypnosis with Children and Hypnosis for Disease), Rapid Inductions, Advanced and 'Ye Olde' techniques, Mesmerism and Fascination are explained, demonstrated and practised.

There is further support beyond the training - newsletters, association introductions, peer support, forums, more experienced practitioners and specialists, old hypnosis books and directions to insurance coverage for those going professional.

YOU WILL LEARN HYPNOSIS properly and well if you study with The Australian Academy of Hypnosis.

Hypnosis that will make the instruction / therapy work, at the subconscious level permanently, safely and morally.

Hypnosis Training – What Are You Really Learning?

Most people are not aware that there are many different styles and variations of hypnosis and trance for therapy.

The Australian Academy of Hypnosis will teach you the differences between the types of Hypnotic, Mesmeric and Fascinated trances. The practicalities of conducting hypnosis morally for hypnotherapy and the development of hypnosis to today.

Our initial 9 days of training will teach you the true history of hypnosis and its uses, plus all of the effective means of inducing the hypnotic trance state, including rapid and instant inductions, and also how to correctly utilise hypnosis for therapeutic purposes. You will experience hypnosis demonstrations and partake in a significant amount of supervised hypnosis induction practice.

After you have completed the 9 Day Certificate training, you have ample opportunity to continue learning more advanced forms of hypnosis, by enrolling in and attending regular monthly on-going training tutorials or enrolling and participating in other specialty trainings offered throughout the year.

Our 'certificity' will easily cover the hypnotic component required to join most professional associations Australia wide and internationally.

Academia alone a good hypnotist does not make, with 6 of the 9 days in class being practical 'hands on' training. The Australian Academy of Hypnosis training is 2nd to none!

Study Hypnotherapy with us.

The Australian Academy of Hypnosis™, 68 Carnarvon Street, East Victoria Park, WA 6101

CERTIFICATE OF HYPNOSIS

9 DAYS (3 + 3 + 3) of Fri, Sat, Sun.

COURSE SUMMARY

Cost: (\$2,900. / \$2,700.)

This is the **HOW TO HYPNOTISE** component. A step by step on what Hypnosis is, what it is not, historical development, therapeutic approaches and instructions.

The first weekend (Fri, Sat, Sun) are focused on theory, historical development, demonstrations and understanding what hypnosis IS and IS NOT.

The second and third weekends are hands-on practical, step by step 'HOW TO HYPNOTISE' to make therapeutic instructions work properly. DVDs + Manuals with historical development, how to and therapeutic instructions are included and explained. You are taught how to construct your own.

Your 9 days consist of 3 + 3 on consecutive weekends then a final 3 days three months later of IN-CLASS training. The 150 question open book exam and the 5 self assessments are to be completed before the final 3 days of the practical workshop about 3 months later. (That means you have 3 months to complete your open book exam and self assessments OUT OF CLASS and to practice your learnt skills).

Upon your enrolment with full payment, you will be emailed your first training manual for pre-reading and also five free hypnosis ebooks. If you secure your place with a deposit, you will be emailed the pre-reading only.

All training materials are supplied in hard copy when training commences. All students of The Academy have permanent free access to our on-line training academy packed with free hypnosis ebooks, training manuals, training DVDs, on-line lectures and tutorials, a student forum and mentoring and tutoring options.

At the completion of the Certificate of Hypnosis training with The Australian Academy of Hypnosis, you WILL have a comprehensive understanding of the development and uses of hypnosis, a **WELL PRACTISED** capability of inducing effective hypnotic trance in others and instructions for therapeutic benefits – these are **GUARANTEED**.

At the end of your nine days training, provided you have successfully completed and provided us with your examination and self assessments, your Certificate of Hypnosis and your Transcript of Studies will be issued.

After the first 6 days of the Certificate training, any enrolled student can apply for:

ADVANCED CERTIFICATE OF HYPNOSIS

- 12 MONTHLY ON-GOING TUTORIALS
COMPONENT TWO (Theory)

COURSE SUMMARY

Cost: (\$1,200. / \$1,560.)

This is the **THEORETICAL** component required for the ADVANCED CERTIFICATE OF HYPNOSIS.

These 12 half day IN-CLASS or VIA DISTANCE tutorials focus on the use of HYPNOSIS in therapy.

These sub-modalities and therapeutic approaches of hypnosis, take into account the uses of hypnosis for different purposes, to achieve the different final products.

The 12 topics on offer are :

- No. 1 - January: Mind-Body Communication with Hypnosis (physiology and disease management)
- No. 2 - February: Abreactions within Hypnosis
- No. 3 - March: Hypnosis for Pain Management
- No. 4 - April: Hypnotic Regression (present and past life)
- No. 5 - May: Script Writing and Trance Deepening
- No. 6 - June: Magnetism and Energy Shifting
- No. 7 - July: Hypnotic Transference
- No. 8 - August: Hypnosis with Children
- No. 9 - September: Conscious – Subconscious Interfacing
- No. 10 - October: Successful Induction and Subconscious Compliance
- No. 11 - November: Hypnosis for Addictions and Substance Abuse
- No. 12 - December: Ethics and Running of a Clinical Practice (2 parts - a) ethical usage of hypnosis, and b) clinical tips and commercial recommendations)

For the Advanced Certificate of Hypnosis, all 12 topics must be completed PLUS the 4 Day Power Workshop.

Any or all of these sub-modalities are offered to any student who has completed the first 6 days of the Certificate of Hypnosis.

Each unit is also available as VIA DISTANCE study.

STUDY STREAM OPTIONS

PRE-REQUISITES

It is a requirement of the Australian Academy of Hypnosis that all students be of good character and must produce a current **POLICE CLEARANCE** to commence the course and a **SENIOR FIRST AID CERTIFICATE (HLTFA 301B)** by the completion of the course (or within 30 days) **BEFORE** a certificate will be issued. All associations for hypnosis in Australia require the Police Clearance and Senior First Aid before admittance, so we have adopted this as our policy too.

Competence in written and spoken English are required (not formal), as is psychological stability – speak to your trainer (or psychologist) for any questions.

To begin training, you are requested to sign a contract to never use hypnosis for any purpose other than for therapy and we teach you why it should only be used morally with respect.

First you do the

9 DAY CERTIFICATE OF HYPNOSIS TRAINING followed by

12 MONTHLY ON-GOING TRAINING (Component II of Advanced Certificate) PLUS

4 DAY POWER & FASCINATION TRAINING (Component 1 of Advanced Certificate)

The Australian Academy of Hypnosis ADVANCED CERTIFICATE can be upgraded to a GOVERNMENT CERT. IV or to DIPLOMA LEVEL through added external study of the non-hypnotic components (at student's own cost). Currently contact Gwen Ford at Career Accelerators (Registered Training Organisation) in Queensland on 07 3392 2400.

SPECIALIST ADVANCED COURSES and INDIVIDUAL TUITION (offered only to **QUALIFIED HYPNOTISTS**)

These are only offered once a year and are held depending on demand.

- Personal one-on-one training (you provide guinea pigs) by arrangement:
half day / one day / two days
- 3 day MIND-BODY (Dealing with Disease)
- 2 day HYPNOSIS for BUSINESS SUCCESS & MOTIVATION
- 1 day QUIT SMOKING + 1 day WEIGHT LOSS
- 1 day ANXIETY + 1 day DEPRESSION

LEGISLATION ABOUT HYPNOSIS

Hypnotherapy was deregulated in Western Australia on 5th December 2005.

It is not a requirement to be 'licensed' to practise hypnotherapy anywhere in Australia.

The Associations (including the newly formed HCA) are the regulating bodies.

ASSOCIATION INFORMATION

The Australian Academy of Hypnosis is a founding member of the newly formed HCA, set up as a governing body for Institutions, Schools and Associations.

Most Hypnosis Associations recognise the Australian Academy of Hypnosis' 'Certificate of Hypnosis' as a qualification to join their associations. They may require other criteria not restricted to your current insurance coverage, police clearance and senior first aid certificate. Please contact them directly for details.

We are not affiliated with any association, however, we recommend association membership, especially if you are planning to use hypnotherapy professionally.

Some of the Associations you can apply to for membership are:

- PHWA - Professional Hypnotists of Western Australia
- CCH - Council of Clinical Hypnotists
- ASCH - Australian Society of Clinical Hypnotists
- AHA - Australian Hypnotherapists Association
- AHA - American Hypnotists Association
- AGH - American Guild of Hypnotists

Our Advanced Certificate is also recognised by the NHS in the United Kingdom.

Go to the association websites for more information and application details and/or go to:
www.mindmotivations.com.

ABOUT OUR TRAINERS

Western Australia

John H Vernes - Principal

John assisted Rick during every training course conducted by the academy since 2004. He is a professional hypnotherapist and hypnosis trainer and is the only official licensed trainer partnered with Mind Motivations and The Australian Academy of Hypnosis in Australia.

His extensive clinical experience, passion and natural talent for hypnosis is assured you will learn all you need to know about hypnosis and how to use it.

John has a Cert IV in workplace training and assessment; Bachelor of Arts (Philosophy, Politics), Dip. Of Remedial Therapy, practising professionally since 1998, is a member of the Council of Clinical Hypnotherapists, the Professional Hypnotists of WA (currently vice chairperson) and Australian Natural Therapists Association.

Originally starting hypnosis in 2001, John now conducts all the trainings in Western Australia under licence from the Academy.

East Coast / US / UK

Rick Collingwood - Founder

Rick has been practising clinical hypnosis since early 1992 and established The Queensland Hypnosis Academy in Brisbane in 1996. Then after National Training began in 2000, the more suitable title of The Australian Academy of Hypnosis was adopted.

Rick first came to Perth by invitation to conduct a hypnosis workshop in October 2001. At that time he was also requested to conduct an independent 'Hypnotic Regression' in Casuarina Maximum Security Prison for Andrew Mallard, to assist proving his proclaimed innocence in the then upcoming appeal of his 1995 murder conviction. Since that time, The Australian Academy of Hypnosis has become firmly established as the largest hypnosis training institution in Perth.

Rick has, during his extensive hypnosis career, had the pleasure of personally assisting tens of thousands of individuals, and also of training more than 1000 academy students in the proficient and correct uses and methodologies of all types of Hypnosis, Mesmerism and Fascination.

Both John and Rick take great pride seeing students from the Academy gain an understanding of the human mind and how to access the deepest realms of consciousness. Then use those skills to transform their own lives, and the lives of others, in quite remarkable ways.

They both have a commitment and passion for hypnosis and how to teach it. Their common ideal is to help every student learn as much as they can, teach them so that they can then become a proud testament to the Academy by virtue of their learnt hypnosis skills.

They are confident that they can teach you to comfortably induce hypnosis in other people by the end of your first 6 days of training.

You will understand the development and therapeutic usage of Hypnotherapy –

GUARANTEED!

SOME TESTIMONIALS ... from previous students

I would like to thank the Mind Motivations team for their expertise and dedicated efforts in the outstanding methods of teaching hypnosis; no other hypnosis training establishment that I know of combines 90% demonstration and practical with theory the way The Australian Academy of Hypnosis teaches. The old saying of “a picture paints a thousand words” has never been truer when learning traditional hypnosis through the AAH.

Ralph N.

I found the course to be concise and informative. Learning hypnosis from some of the best in the field is such a privilege. We got a lot of hands on practise and a great chance to learn from the experience of some great hypnotherapists. Thankyou.

Danielle – Acupuncturist

A scientific and spiritual journey offering clarity and peace of mind and also the ability to now give the same to others.

Kim Davis

Comprehensive, practical, amazing! The most eye-opening course I have ever done.

J.H. Clinical Pain Specialist.

I found this course to be invaluable. Information, techniques and the practical application of hypnosis were very well constructed, well explained and demonstrated. The self assessments were a bit daunting, but very effective as a doubling up of our new knowledge. I would advice anyone who wishes to help people therapeutically to do this course. Thank you very much.

Patricia Barker – Counsellor.

Excellent course. Great to know you could achieve such effective results in such a short time.

Jan Duckett – Healer, Counsellor

I was delighted with the presentation of the hypnotherapy course that John delivered. I had always been very sceptical about hypnotherapy being a healing modality. John is very lucid and comfortable about instructing and practicing hypnotherapy. He gave us plenty of actual practice time and by the end of the second day, I was beginning to feel quite comfortable with putting someone into trance. Thanks and good on you John.

D.F.

I congratulate John on the way that he presents his training courses. He has a wealth of knowledge on the subject of Hypnosis and its supporting fields. John has helped me personally with long standing problems. Thank you John .

Joe Drummond

I found John to be a great teacher and mentor.

Mary Jane Davis, Life Coach

Course Dates

Nine Day Certificate of Hypnosis Training

Friday, Saturday, Sunday 11th, 12th, 13th, Friday, Saturday, Sunday 18th, 19th, 20th March plus Friday, Saturday, Sunday 1st, 2nd & 3rd of July, 2011

Friday, Saturday, Sunday 24th, 25th, 26th of June, Friday, Saturday, Sunday 1st, 2nd, 3rd July plus Friday, Saturday, Sunday 18th, 19th & 20th November, 2011.

Friday, Saturday, Sunday 11th, 12th, 13th, Friday, Saturday, Sunday 18th, 19th, 20th of November plus 16th, 17th, 18th of March, 2012.

Four Day Power Hypnosis Training

1st Component of “The Advanced Certificate of Hypnosis”

Saturday, Sunday 10th, 11th & Saturday, Sunday 17th & 18th of September, 2011.

12 Monthly On-Going Training Components

2nd Component of “The Advanced Certificate of Hypnosis”

Start any Month

Lesson 1:	Mind-Body Communication	Saturday, 29 th January, 2011
Lesson 2:	Abreactions with Hypnosis	Saturday, 26 th February, 2011
Lesson 3:	Hypnosis for Pain Management	Saturday, 26 th March, 2011
Lesson 4:	Hypnotic Regression (Present & Past Life)	Saturday, 30 th April, 2011
Lesson 5:	Script Writing and Trance Deepening	Saturday, 28 th May, 2011
Lesson 6:	Magnetism and Energy Shifting	Saturday, 18 th June, 2011
Lesson 7:	Hypnotic Transference	Saturday, 30 th July, 2011
Lesson 8:	Hypnosis for Children	Saturday, 27 th August, 2011
Lesson 9:	Conscious – Subconscious Interfacing	Saturday, 25 th September 2011
Lesson 10:	Successful Induction & Subconscious Compliance	Saturday, 22 nd October, 2011
Lesson 11:	Hypnosis for Addiction & Substance Abuse	Saturday, 26 th November, 2011
Lesson 12:	Ethics and Operating a Clinical Practice	Saturday, 10 th December, 2011

SPECIALIST TRAINING COURSES

One Day Quit Smoking & One Day Weight Loss Training: Dates TBA

Three Day AMD – Hypnosis for the Treatment of Cancer
and Disease Dates TBA

MIND MOTIVATIONS & The Australian Academy of Hypnosis

CONTACT INFORMATION

At the Office / Clinic: Sylvia (08) 9361 1564 – email: lineargroup@inet.net.au;
address: 68 Carnarvon Street, East Victoria Park, WA 6101

Rick: Can only be contacted by email: hypnot@iprimus.com.au due to international
schedules and obligations.

John: Is best contacted on his mobile: 0403 839 641 and by email:
linearhealth@inet.net.au; his email skills are still developing so please be patient.

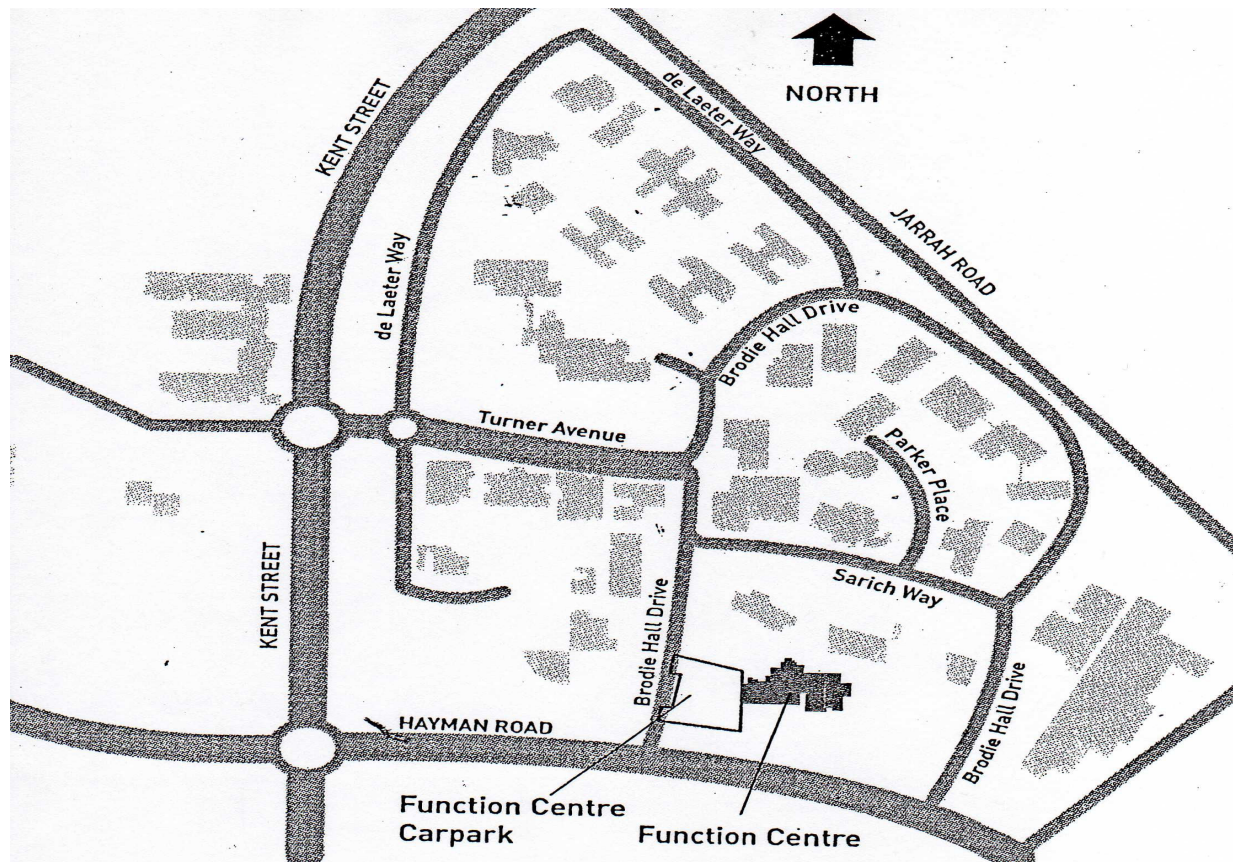
Michael Werts: Is responsible for newsletter and training notices (and some East Coast training)
– his email: michael.werts@inet.net.au

Both John and Michael run separate clinics in Western Australia.

Ryan Mentzer: at Resonanz Recordings for website information, access to forums, CD sales etc.
is best contacted on 1300 658 064 or sales@resonanzrecordings.com

OUR TRAINING FACILITIES

All Hypnosis training is currently conducted in comfortable training facilities at Technology Park Function Centre, 2 Brodie Hall Drive, Bentley, WA (see map below).



Tuition times are: 9.30am – 4.30pm.

Breaks - Morning: 10.30 – 10.45am, Lunch: 12.00 – 1.00pm, Afternoon: 2.30 – 2.45pm.

9 Day Certificate of Hypnosis Training Workshop

The Australian Academy of Hypnosis™

Enrolment Application

Certificate of Hypnosis

All information remains private and confidential

Course Start Date: Age:

Full Name:
(please print your name clearly exactly as you would like it printed on your Certificate)

Postal Address:
..... Postcode:

Phone (H): (W) Mobile:

Current Profession: Email:

Any previous Hypnosis Experience? Yes No (if yes, please give brief details)

.....
.....
.....

Why do you want to attend this training?

.....
.....

Any known Mental Illnesses: Yes No (if yes, please give brief details)

.....
.....

Declaration: I understand that upon completion of my Hypnosis training, I will have acquired skills which will enable me to induce the state of Hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves or condones the use of Hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment (or deposit) of:

\$

Account details: Bank: ANZ A/C Name: JOHN VERNES
BSB: 013011 A/C No.: 757196519

Transaction No.:

* Please reference your payment with your name.

Or by cheque posted to: 68 Carnarvon Street, East Victoria Park, WA 6101

Signed:

Date:/...../.....

4 Day POWER HYPNOSIS & FASCINATION Training

The Australian Academy of Hypnosis™

Enrolment Application

1st (Practical) Component of

Advanced Certificate of Hypnosis

All information remains private and confidential

Pre-requisite is Certificate of Hypnosis

Course Start Date:

Age:

Full Name:
(please print your name clearly exactly as you would like it printed on your Certificate)

Postal Address:
..... Postcode:

Phone (H): (W) Mobile:

Current Profession: Email:

Any previous Hypnosis Experience? Yes No (if yes, please give brief details)

Why do you want to attend this training?

Any known Mental Illnesses: Yes No (if yes, please give brief details)

Declaration: I understand that upon completion of my Hypnosis training, I will have acquired skills which will enable me to induce the state of Hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves or condones the use of Hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment (or deposit) of:

\$

Account details: Bank: ANZ A/C Name: JOHN VERNES
BSB: 013011 A/C No.: 757196519 Transaction No.:

*** Please reference your payment with your name.**

Or by cheque posted to: 68 Carnarvon Street, East Victoria Park, WA 6101

Signed:

Date:/...../.....

12 ON-GOING MONTHLY Training
The Australian Academy of Hypnosis™

Enrolment Application

2nd (Theoretical) Component of

Advanced Certificate of Hypnosis

All information remains private and confidential

Pre-requisite is Certificate of Hypnosis

Course Start Date: Age:

Full Name:
(please print your name clearly exactly as you would like it printed on your Certificate)

Postal Address:
..... Postcode:

Phone (H): (W) Mobile:

Current Profession: Email:

Any previous Hypnosis Experience? Yes No (if yes, please give brief details)

Why do you want to attend this training.....

Any known Mental Illnesses: Yes No (if yes, please give brief details)

Declaration: I understand that upon completion of my Hypnosis training, I will have acquired skills which will enable me to induce the state of Hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves or condones the use of Hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

Please find enclosed my full payment of:

\$

Account details: Bank: ANZ A/C Name: JOHN VERNES
BSB: 013011 A/C No.: 757196519 Transaction No.:

*** Please reference your payment with your name.**

Or by cheque posted to: 68 Carnarvon Street, East Victoria Park, WA 6101

Or I will pay as I go at \$ per training session.

Signed: Date:/...../.....

APPLICATION CHECKLIST

- Application Form Completed and Signed
- Deposit / Full Payment
- Copy of recent Police Clearance
- Copy of current Senior First Aid Certificate (HLMT 301B) due before Certificate of Hypnosis will be issued.

1ST DAY of TRAINING CHECKLIST

- Coffee cup
- Map to get there