



The Australian Academy of Hypnosis™
Training real hypnosis since 1996

Styles and Types of Hypnosis

Rick Collingwood established The Australian Academy of Hypnosis™ in 1996 after he recognised that many Hypnosis Training Institutions mostly teach theory or hypnosis hybrids such as NLP, or they have a significantly academic approach within their training curriculum; offering either none, or very little, practical training in actual trance inductions. During the past fifteen years, The Australian Academy of Hypnosis™ has now trained more than 1500 students nationally and internationally and many of them are very successful professional hypnotherapists.

Rick first learned Ericksonian Hypnosis in 1992 and I have practised as a full time professional hypnotist ever since. He has travelled the world studying and researching Traditional Hypnosis, Rapid Inductions and Mesmerism. What the academy brings to the training arena are real hypnosis techniques that works on a physical, mental, emotional, and spiritual level and it is these techniques that have taken Rick to the top of the profession. When Rick trains he doesn't hold anything back. He doesn't keep secret techniques to myself and he will teach you all that he knows and how to apply it to your own life and the lives of your clients.

This is hands on training and you will learn your theory from the extensive training manuals provided to you before you begin the six day practical training component. During the training you will be inducing trance under supervision from the first day and Rick will ensure that you get it right. After that, mastering what we teach to you will be in direct proportion to your passion for hypnosis and the practice you put into what you learn. After the completion of your training you will have open email access to the academy. For further assistance or clarification and free lifetime access to the online training and resource centre at www.mindmotivations.com

Practitioner Certificate of Power Hypnosis

The Training includes:

All training manuals in hard copy and within 24 hours by email upon registration.

The Training Requires:

The attendance of Six consecutive Days in house training. Training times are from 9.30am until 4.30pm daily, lunch is from 12.30pm until 1.30pm.

At the end of the Six Days training a Practitioner Certificate of Power Hypnosis and a Certificate of Hypnotic Fascination are awarded.

You Require:

To be proficient at speaking reading and writing English.

To be of good character with no criminal convictions for dishonesty.

To be of sound mind with no history of mental health conditions or issues.

There Is:

1. No cost membership of the academies on line training and resource centre which offers all students during training and after training access to free hypnosis ebooks, hypnosis inductions and scripts, training DVD's, training manuals, an email help line, a student forum. Mentoring, personal phone or on line training and professional development sessions are available from the academies highly skilled and experienced trainers and there are regular on line live training sessions and MP3s available.
2. Eligibility to complete further Advanced Hypnosis Training with the academy.
3. Automatic registration on the practitioner database at www.mindmotivations.com and inclusion in the academies newsletter which supplies new scripts and keeps students up to date with the latest hypnosis news and information.
4. The opportunity to learn about all of the mechanisms of hypnosis and the conscious and the subconscious minds, and how to use that knowledge to not only achieve your own greatest potential, but also to help others achieve theirs and overcome personal physical and mental health challenges.

Most people and even many practitioners of Hypnotherapy are not aware that there are many different styles and variations of hypnosis. Before you choose which academy you are going to study hypnosis with, you should also consider exactly who the trainers are, what style of hypnosis that you want to learn, and what you intend to use it for.

**All enquiries please phone the national training coordinator
Jai Waugh 0412 879 850**

MIND MOTIVATIONS
HYPNOSIS TRAINING



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Styles and Types of Hypnosis

Some of the more common styles of hypnosis or hypnotherapy are...

Ericksonian Hypnosis: This is a therapeutic model of hypnosis created by the American Psychiatrist Milton Erickson. Ericksonian Hypnosis is most effectively utilised by a skilled and experienced Psycho Therapist. Ericksonian hypnosis is commonly used during therapy, but does not usually require or effect deep trance states. After a relaxed state has been achieved by the subject, direct suggestion is replaced by ambiguity and metaphors are often used during the therapy sessions; which will usually be about 15 to 20 in number.

NLP or Neuro Linguistic Programming: Regardless of what persistent slick marketing efforts may try to have you believe; NLP IS NOT HYPNOSIS. NLP is supposedly the study of excellence and it does have some interesting and no doubt effective strategies. NLP also offers a lot of insight into human behaviour and the mind. However, because an NLP training institute may offer NLP training under the guise of it being hypnosis that is frequently claimed by its proponents. This is amply demonstrated by the fact that after more than a decade of clinical trials and studies at respectable academic institutions; no evidence could be found to back up the many claims made about the power and effectiveness of NLP. If you are learning NLP, you are not learning genuine hypnosis.

Traditional Hypnosis: Traditional hypnosis is direct hypnosis. It is genuine hypnosis, the type of hypnosis that despite academic opinion can make many individuals do things that are against their moral patterning or usual personality. Traditional hypnosis can be blended with Mesmerism, NLP and Ericksonian Hypnosis to create a very powerful therapeutic modality that we call "Hypnosis Field Therapy™".

This intensive demonstrational and hands on Six Day Power Hypnosis and Hypnotic Fascination training will teach you genuine traditional hypnosis and its uses. You won't be bogged down with theory you will learn techniques and how to do genuine and effective hypnosis from one of the world's foremost hypnosis trainers.

You will learn all of the effective means of inducing the hypnotic trance state, including rapid and instant inductions, Mesmerism and how to apply it, and also the almost forgotten art of "Hypnotic Fascination" and how to correctly utilise hypnosis for therapeutic purposes and also for self improvement. You will experience hypnosis demonstrations' and partake in lots of supervised hypnosis induction practice.

This hypnosis training is suitable for any adult who wants to become a clinical hypnotherapist, those seeking self improvement and a better understanding of the human mind and human behaviour, and any Life Coaches, Counsellors, Psychologists, Doctors, Healers who want to learn deep trance induction skills. The curriculum is taught in an easy to learn practical format that ensures all students become effective hypnotists. The training is comprised of both metaphorical Ericksonian styles, Mesmerism, Direct and Rapid Authoritative Inductions and Hypnotic Fascination. This is Six days of hypnosis demonstrations, instruction, and supervised practice.

You will pre learn the true history, theory, and mechanisms before the training commences by the immediate emailing to you of the comprehensive training manuals as soon as you complete the registration process.

This unique hypnosis training is second to none. So much so that I guarantee you will acquire a complete understanding of hypnosis coupled with the ability to confidently and correctly induce the trance state in others.

The fees for this Six Day Power Hypnosis and Hypnotic Fascination Training are **\$2500** or **\$2300** if fees are paid in full upon registration. A deposit of **\$1000** is required upon registration acceptance.

Upon registration acceptance you will immediately receive Five Hypnosis Training Manuals and Five complimentary rare and fascinating hypnosis ebooks from Mesmerists to the techniques of genuine hypnosis from the old masters.

If you wish to take advantage of this unique opportunity to learn valuable and unique real hypnosis skills from one of the world's foremost Hypnosis Trainers then please don't delay, as positions are limited and no exceptions can be made.

Upon completion of the training all students are awarded a "**Practitioner Certificate of Clinical Power Hypnosis**" and an additional "**Certificate of Hypnotic Fascination**" from The Australian Academy of Hypnosis.

An Important Note for On Line and Distance Learning Students

This is an opportunity for any student of the academy who is presently studying or has previously completed the home study or distance learning Certificate of Hypnosis and wants to get hands on practical instruction. You may attend this training for a **Fee Reduction of \$800**, Fees payable for past or present Distance Learning Students are only \$1700, all other terms and conditions remain the same.

How To Enrol

Please complete the attached application form and post it to: **The Australian Academy of Hypnosis™, Jai Waugh, PO Box 1314 Darling LPO, Darling, Victoria 3145**. Please make all cheques payable to **Mind Motivations** or payment can be paid direct into the Academy's bank account as below:

Commonwealth Bank

A/C Name: Mind Motivations

BSB: 064 012

Account Number: 10131014

Secure Credit Card payments via VISA or Mastercard can be made via PayPal into the account number hypnot@iprimus.com.au.

You do not have to be a member of PayPal to use this secure service. Please Note credit card payments via PayPal attract a fee of \$100 to cover credit card and PayPal fees. When you have paid your deposit or full payment please email Rick Collingwood hypnot@iprimus.com.au. Upon payment of fees a written receipt and an acceptance letter will be sent to you by mail. As an added bonus you will also be emailed links to 5 complimentary hypnosis ebooks and have free lifetime access to the new on line student Hypnosis Training and Resource centre at www.mindmotivations.com

MIND MOTIVATIONS
HYPNOSIS TRAINING



The Australian Academy of Hypnosis™
Six Day Practitioner Certificate of Power Hypnosis

Melbourne: 7th-12th June 2012 inclusive **OR** 6th-11th December 2012 inclusive (please circle)
 Beau Monde International, 930 Doncaster Road, Doncaster

Complete this application form and post it to: Jai Waugh
 The Australian Academy of Hypnosis™, PO Box 1314 Darling LPO, Darling, Victoria 3145

MIND MOTIVATIONS
 HYPNOSIS TRAINING

Enrolment Application

All information remains private and confidential

Course Start Date: Age:

Full Name:

Postal Address:

Postcode:

Phone (H): (W): (M):

Current Profession? Email:

Any previous Hypnosis Experience? Yes No (If yes, please give brief details)

Why do you want to attend this training?

Any known Mental Illnesses? Yes No (If yes, please give brief details)

Declaration: I understand that upon completion of my hypnosis training I will have acquired skills which will enable me to induce the state of hypnosis in certain other people. I also understand that The Australian Academy of Hypnosis in no way approves of or condones the use of hypnosis for any purpose other than as a therapeutic skill to assist in the physical and emotional healing of others.

I have made my full payment or deposit of: \$

Name: Signed: Date: / /

Participation acceptance

Upon receipt of your deposit further training information and a receipt will be posted within 72 hours.